



2007-2008

*Rocky Mountain Athletic Conference
Championship Program*

Commissioners Welcome

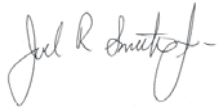
Welcome to the 2007-08 Rocky Mountain Athletic Conference Championships. We look forward to an exciting event demonstrating action, competition, and sportsmanship.

Members of the RMAC compete at one of the highest levels in the country, winning more than 30 NCAA national championship titles. Our student-athletes not only excel on the playing field, but in the classroom as well, garnering numerous academic all-conference, all-region, and all-American accolades.

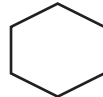
We appreciate the support of our corporate partners, administrators, coaches, parents, and friends as we strive to be the most successful conference in NCAA Division II.

To each team and student-athlete, we wish you the best of luck this championship season.

Sincerely,



Joel R. Smith
RMAC Commissioner



"THIS WEEK IN THE RMAC"

Follow your favorite RMAC teams every Wednesday afternoon on "This Week in the RMAC." This weekly radio show features interviews with coaches and student-athletes, scores and updates from around the league. Go to www.rmacsports.org and click on the radio link to listen to the 30-minute show. New shows air August 27 - March 26. You can also hear the show on the RMAC radio network:

KGFW - Kearney - 1350 AM
KSPK - Alamosa - 102.3 & 103.5
KSCQ - Silver City - 92.9 FM

KCSR - Chadron - 610 AM
KPKE - Gunnison - 1490 AM

Check your local listings for air times.

2008 RMAC OUTDOOR T&F CHAMPIONSHIP SCHEDULE

SUNDAY, MAY 4, 2008

1:00 PM	Men's Decathlon	Finals
1:30 PM	Women's Heptathlon	Finals

MONDAY, MAY 5, 2008

8:45 AM	Men's Decathlon	Finals
9:15 AM	Women's Heptathlon	Finals

TRACK EVENTS

9:00 AM	Men's 10,000 Meter Run	Finals
9:45 AM	Women's 10,000 Meter Run	Finals
10:40 AM	Men's 3,000 Meter Steeplechase	Finals
11:00 AM	Women's 3,000 Meter Steeplechase	Finals
3:00 PM	Men's 400 Meter Dash	Prelims
3:15 PM	Women's 400 Meter Dash	Prelims
3:30 PM	Men's 110 Meter Hurdles	Prelims
3:45 PM	Women's 100 Meter Hurdles	Prelims
4:05 PM	Men's 100 Meter Dash	Prelims
4:15 PM	Women's 100 Meter Dash	Prelims
4:35 PM	Men's 400 Meter Hurdles	Prelims
4:55 PM	Women's 400 Meter Hurdles	Prelims
5:15 PM	Men's 200 Meter Dash	Prelims
5:30 PM	Women's 200 Meter Dash	Prelims

FIELD EVENTS

11:00 AM	Men's Hammer Throw	Finals
12:30 PM	Women's Hammer Throw	Finals
1:00 PM	Men's Long Jump	Finals
2:00 PM	Men's High Jump	Finals
2:15 PM	Men's Discus Throw	Finals
3:00 PM	Women's Long Jump	Finals
4:00 PM	Women's Discus Throw	Finals
4:00 PM	Women's High Jump	Finals

TUESDAY, MAY 6, 2008

TRACK EVENTS

11:45 AM	Women's 3000 Meter Run	Finals
12:05 PM	Men's 4x100 Meter Relay	Finals
12:10 PM	Women's 4x100 Meter Relay	Finals
12:15 PM	Men's 1500 Meter Run	Finals
12:30 PM	Women's 1500 Meter Run	Finals
12:45 PM	Men's 110 Meter Hurdles	Finals
12:55 PM	Women's 100 Meter Hurdles	Finals
1:00 PM	Men's 400 Meter Dash	Finals
1:05 PM	Women's 400 Meter Dash	Finals
1:10 PM	Men's 100 Meter Dash	Finals
1:15 PM	Women's 100 Meter Dash	Finals
1:20 PM	Men's 800 Meter Run	Finals
1:30 PM	Women's 800 Meter Run	Finals
1:45 PM	Men's 400 Meter Hurdles	Finals
1:55 PM	Women's 400 Meter Hurdles	Finals
2:05 PM	Men's 200 Meter Dash	Finals
2:10 PM	Women's 200 Meter Dash	Finals
2:15 PM	Men's 5000 Meter Run	Finals
2:35 PM	Women's 5000 Meter Run	Finals
2:55 PM	Men's 4x400 Meter Relay	Finals
3:05 PM	Women's 4x400 Meter Relay	Finals

FIELD EVENTS

8:00 AM	Men's Javelin Throw	Finals
9:00 AM	Men's Pole Vault	Finals
11:00 AM	Women's Pole Vault	Finals
9:30 AM	Women's Javelin Throw	Finals
10:00 AM	Men's Shot Put	Finals
11:00 AM	Women's Triple Jump	Finals
12:00 PM	Women's Shot Put	Finals
1:00 PM	Men's Triple Jump	Finals

Schedule is subject to change



Division II

ADAMS STATE COLLEGE

Adams State College Quick Facts

Location:	Alamosa, Colorado
RMAC Member Since:	1956
Founded:	1921
Colors:	Green and White
Nickname:	Grizzlies
Enrollment:	2,500
Athletic Phone:	(719) 587-7401
Athletic Director:	Larry Mortensen
Sports Information Director:	Chris Day
Head Coach:	John Wallin
Director of Track & Field:	Damon Martin
Assistant Coaches:	Virginia Coindreau, Sydney Mondragon, Jake Streeter
Website:	www.ascgrizzlies.com

Adams State College Head Coach & Top Performers



John Wallin
Head Coach



Tanya Gaurmer
Senior



Amanda Gylling
Sophomore



Damon Martin
Director of T&F



Nick Lara
Senior



John Ybarra
Senior

Adams State College Women's Roster

Name	Cl.	Hometown/Previous School
Allie Abdouch	Fr.	Colorado Springs, Colo./Doherty HS
Jessica Adams	So.	Cimarron, N.M./Cimarron HS
Christa Baird	Jr.	Carbondale, Kan./Butler CC
Janette Cary (McCarroll)	So.	La Jara, Colo./Centauri HS
Anna Cowan	R-Fr.	Hotchkiss, Colo./Hotchkiss HS
Sherline Duncan	Sr.	Tweedside, Jamaica/Missouri Baptist
Trisha Evenson	Fr.	Gillette, Wyo./Campbell County HS
Tanya Gaurmer	Sr.	Westminster, Colo./Westminster HS
Amanda Gylling	So.	La Jara, Colo./Centauri HS
Ashlie Harder	R-Fr.	Centennial, Colo./Valparaiso Univ.
Renee Harris	So.	Colorado Springs, Colo./Rampart HS
Drew Houston	Sr.	Colorado Springs, Colo./Colorado
Laura Knapp	Jr.	Alamosa, Colo./Alamosa HS
Sarah Lamb	Jr.	Creede, Colo./Creede HS
Carla-Kay Mills	Fr.	May Pen, Clarendon, Jamaica
Sofia Monroe	So.	Pueblo, Colo./Pueblo Centennial HS
Gretchen Motz	Fr.	Grand Junction Colo./Fruita-Monument
Lavenna Mullenbach	Jr.	Georgetown, Texas/Georgetown HS
Michelle Nelson	Sr.	Albuquerque, N.M./Valley HS
Ashley Quintana	So.	Pecos, N.M./Pecos HS
Jazmine Ralph	Fr.	Albuquerque, N.M./Del Norte HS
Casi Reckard	Fr.	Greeley, Colo./Greeley Central HS
Indira Spence	Fr.	Trelawny, Jamaica/Vere Technical HS
Michele Williams	R-Fr.	Colorado Springs, Colo./Sierra HS
Heather Wood	Jr.	Los Alamos, N.M./Los Alamos HS

Adams State College Men's Roster

Name	Cl.	Hometown/Previous School
Adrian Baca	Fr.	Albuquerque, N.M./Rio Grande HS
Sam Barajas	Jr.	Louisville, Colo./Monarch HS
Aaron Braun	Jr.	Fort Collins, Colo./Rocky Mountain HS
Giacomo Butler	Sr.	Simi Valley, Calif./Simi Valley HS
Reuben Chebon-Mweilege	So.	Kapsabet, Kenya/Kamwenja Teacher's College
Roy Collins	So.	Los Alamos, N.M./Univ. of New Mexico
Justin Cropper	Fr.	Fountain, Colo./Fountain-Fort Carson HS
Corey De La Cruz	Fr.	Alamogordo, N.M./Alamogordo HS
James Douglas	So.	Parker, Colo./Ponderosa HS
Wayne Durham	Jr.	Sierra Vista, Ariz./Buena HS
Dusty Fairchild	So.	Creede, Colo./Creede HS
Jonathan Fawcett	So.	Georgetown, Texas/Texas-Austin
Matt Felton	Sr.	Tucson, Ariz./Pima CC
Matt Gersick	Jr.	Pueblo West, Colo./Pueblo West HS
Josh Gibson	Jr.	Riverside, Calif./Riverside CC
Adam Glenn	So.	Littleton, Colo./Arapahoe HS
Jeremy Hamlin	So.	Longmont, Colo./Niwot HS
Antoine Harrison	Fr.	Aurora, Colo./Eaglecrest HS
Ryan Hess	So.	Round Rock, Texas/Angelo State
Taurean Jones	Sr.	Los Angeles, Calif./Glendale CC
Paul Keter	Fr.	Eldoret, Kenya/Terige HS
Scott Kimbell	Jr.	Round Rock, Texas/McMurray Univ.
Edwin Kipkorir	Fr.	Eldoret, Kenya/Marakwet Boys HS
Stephen Kipkurui	Fr.	Kapsabet, Kenya/Baringo HS
Nick Lara	Sr.	Alamosa, Colo./Alamosa HS
Stevan Lara	Jr.	Alamosa, Colo./Alamosa HS
Corey Lenaris	Sr.	Los Angeles, Calif./Glendale CC
Antonio Lopez	So.	Alamosa, Colo./Alamosa HS
Daniel Maldonado	So.	Center, Colo./Center HS
Jason Mannerberg	So.	Colorado Springs, Colo./Doherty HS
Ryan McNiff	R-Fr.	Los Alamos, N.M./Los Alamos HS
Brian Medigovich	Jr.	San Luis Obispo, Calif./San Luis Obispo HS
Oscar Murray	R-Fr.	Denver, Colo./Alameda HS
Travis Phillips	R-Fr.	Center, Colo./Center HS
Alex Ponce	Sr.	Los Angeles, Calif./Glendale CC
Jake Santerre	R-Fr.	Nashua, N.H./Nashua North HS
Blair Sohl	R-Fr.	San Antonio, Texas/St. Anthony Catholic HS
Drew Soucy	R-Fr.	Lubbock, Texas/Lubbock HS
Josh Streeter	Jr.	Alamosa, Colo./Alamosa HS
Babey Wagnew	Jr.	San Diego, Calif./Southwestern CC
Adam Wasson	Jr.	Berthoud, Colo./Berthoud HS
John Ybarra	Sr.	Holland, Mich./Grand Valley State Univ.



CHADRON STATE COLLEGE

Chadron State College Quick Facts

Location:	Chadron, Nebraska
RMAC Member Since:	1989
Founded:	1911
Colors:	Cardinal & White
Nickname:	Eagles
Enrollment:	2,800
Athletic Phone:	(308) 432-6344
Athletic Director:	Brad Smith
Sports Information Director:	Alex Helmbrecht
Head Coach:	John Reiners
Assistant Coaches:	Willie Hoffman, Davin Boydston, Steve Nelson, Ryan Milner, Jennifer Hudson
Website:	www.csc.edu/athletics

Chadron State College Head Coach & Top Performers



John Reiners
Head Coach



Stacy Girard
Junior



Jourdin Holden
Senior



Mike Smith
Senior



Mary Wells
Senior

Chadron State College Women's Roster

Name	Cl.	Hometown/Previous School
Staci Alberts	Sr.	Palisade, Neb./Wauneta-Palisade HS
Cassie Barth	Fr.	Chappell, Neb./Creek Valley HS
Julia Bayer	So.	Stuttgart, Germany/Wirtenberg HS
Kelli Bonnel	So.	Casper, Wyo./Casper-Kelly Walsh HS
Kayla Carrier	So.	Scottsbluff, Neb./Scottsbluff HS
Stacey Craig	Fr.	Powell, Wyo./Powell HS
Laurie Eklund	So.	Cheyenne, Wyo./Cheyenne East HS
Stacy Girard	Jr.	Alliance, Neb./Alliance HS
Barbara Goe	Jr.	Phoenix, Ariz./Phoenix College
Megan Harrell	So.	Green River, Wyo./Green River HS
Patrice Henson	Sr.	Colorado Springs, Colo./Otero JC
Perisha Hinton	Sr.	Phoenix, Ariz./Paradise Valley CC
Whitney Hollaway	Jr.	Douglas, Wyo./Douglas HS
Jessica Horsley	So.	Sheridan, Wyo./Sheridan HS
Kate Jungck	So.	Hay Springs, Neb./Hay Springs HS
Katelyn Moore	So.	Chadron, Neb./Chadron HS
Kelli Payne	Jr.	Neligh, Neb./Neligh HS
Sara Pilakowski	Jr.	Genoa, Neb./Twin River Public HS
Kalen Prentice	Fr.	Arnold, Neb./Arnold HS
Dusti Varland	Fr.	Faith, S.D./Faith HS
Mary Wells	Sr.	Albion, Neb./Boone Central HS

Chadron State College Men's Roster

Name	Cl.	Hometown/Previous School
Mike Aimone	Sr.	Kemmerer, Wyo./Weber State
Devin Anderson	Fr.	Sutherland, Neb./Sutherland HS
Larry Bennett	Jr.	Glendale, Ariz./Paradise Valley CC
Matt Bloyd	So.	Bridgeport, Neb./Bridgeport HS
Tanner Bollers	Fr.	Sterling, Colo./Sterling HS
Zach Boslau	Fr.	Lakewood, Colo./Jefferson HS
Nigel Bristow	Fr.	Guernsey, Wyo./Guernsey HS
Jake Brummer	Sr.	Wilcox, Neb./Wilcox-Hildreth HS
Jeff Brummer	Fr.	Wilcox, Neb./Wilcox-Hildreth HS
Wade Crawford	So.	Sundance, Wyo./Sundance HS
CJ Dean	Sr.	Phoenix, Ariz./Phoenix College
Shane Ferguson	Fr.	Scottsbluff, Neb./Scottsbluff HS
Marshall Fischer	Jr.	Maywood, Neb./Maywood HS
John Girard	Jr.	Alliance, Neb./Alliance HS
Jacob Gruver	So.	Cheyenne, Wyo./Cheyenne East HS
Brandon Harrington	Jr.	Grand Island, Neb./Grand Island NW HS
Drew Hays	Fr.	Casper, Wyo./Casper-Kelly Walsh HS
Jourdin Holden	Sr.	Mesa, Ariz./Phoenix College
Julius Hollis	So.	Gary, Ind./Las Medanos College
Matt Houghton	Fr.	Bailey, Colo./Platte Canyon HS
Aaron Ide	Jr.	Holdrege, Neb./Holdrege HS
Josh Knouse	Jr.	Gering, Neb./Gering HS
Gary Metcalf	Jr.	Phoenix, Ariz./Central Arizona
Phillip Mues	Jr.	Arapahoe, Neb./North Platte CC
Riley Northrup	Jr.	Hot Springs, S.D./Mary
Chase Rasby	Sr.	Sutherland, Neb./Sutherland HS
John Ritzen	So.	Chadron, Neb./Chadron HS
Lucas Robinson	So.	Kemmerer, Wyo./Kemmerer HS
Joe Schultz	So.	Alliance, Neb./Alliance HS
Mike Smith	Sr.	Litchfield Park, Ariz./Phoenix College
Matt Snay	Fr.	Kingman, Ariz./Kingman HS
Daniel Tague	Fr.	Craig, Colo./Northwestern CC
David Virgets	Sr.	Stevensville, Md./Southern Ark.



COLORADO SCHOOL OF MINES

Colorado School of Mines Quick Facts

Location:	Golden, Colorado
RMAC Member Since:	1909
Founded:	1874
Colors:	Silver and Blue
Nickname:	Orediggers
Enrollment:	3,200
Athletic Phone:	(303) 273-3360
Athletics Director:	Tom Spicer
Sports Information Director:	Jeff Duggan
Head Coach:	Art Siemers
Assistant Coaches:	Oscar Boes, Scott VanSickle, Jeff Culligan, Janis Christopher, Todd Wojchik, Marianne Hutchens
Website:	www.mines.edu/Academic/athletics/

Colorado School of Mines Head Coach & Top Performers



Art Siemers
Head Coach



Kiera Benson
Freshman



Joel Hamilton
Senior



Melissa Rhodes
Sophomore



Ian Storz
Senior

Colorado School of Mines Women's Roster

Name	Cl.	Hometown/Previous School
Savannah Afoa	So.	Anchorage, Alaska/Dimond HS
Kiera Benson	Fr.	Needville, Texas/Needville HS
Lisa Bernau	Fr.	Las Vegas, Nev./Centennial HS
Alison Bratsovsky	So.	Fort Morgan, Colo./Fort Morgan HS
Fallon Donohoue	So.	Denver, Colo./Mullen HS
Kaity Edmiston	So.	Palisade, Colo./Palisade HS
Stephanie Griego	Fr.	Trinidad, Colo./Trinidad HS
Justina Larsen	So.	Longmont, Colo./Silver Creek HS
Sydney Laws	Jr.	Arvada, Colo./Arvada West HS
Anna MacLeay	Fr.	Aurora, Colo./Rangeview HS
Amanda Meier	R-Fr.	Highlands Ranch, Colo./Denver
Dana Morgan	So.	Gunnison, Colo./Gunnison HS
Heather Oertli	Fr.	Littleton, Colo./Lakewood HS
Melanie Peddle	Sr.	Greeley, Colo./Greeley West HS
Jennifer Picucci	Sr.	Ypsilanti, Mich./Ashland Univ.
Melissa Rhodes	So.	Monument, Colo./Fort Collins HS
Whitney Rice	Sr.	Boulder, Colo./Fairview HS
Kristen Rinedollar	Fr.	Greenwood Village, Colo./Regis Jesuit HS
Stephanie Southard	So.	Broomfield, Colo./Holy Family HS
Lacy Taylor	So.	Pickerington, Ohio/Pickerington North HS
Emily Trudell	Fr.	Boulder, Colo./Boulder HS
Jennifer Wertz	Fr.	Littleton, Colo./Dakota Ridge HS

Colorado School of Mines Men's Roster

Name	Cl.	Hometown/Previous School
Jacques Annandale	So.	Highlands Ranch, Colo./Mtn. Vista HS
Heath Butler	So.	Parker, Colo./Ponderosa HS
Michael Calhoun	So.	Ft. Collins, Colo./Resur. Christian HS
Brian Christie	Jr.	Ft. Collins, Colo./Resur. Christian HS
Conner Coltharp	Fr.	Stevensville, Md./Kent Island HS
Sean Cusick	Jr.	Westminster, Colo./South Dakota Tech
Tyler Cypher	R-Fr.	Denver, Colo./Bear Creek HS
Joe Eisinger	So.	Wheat Ridge, Colo./Wheat Ridge HS
Chris Fitzpatrick	Jr.	Highlands Ranch, Colo./ThunderRidge HS
Ryan Gibbons	Jr.	Monte Vista, Colo./Monte Vista HS
Joel Hamilton	Sr.	Colorado Springs, Colo./Liberty HS
Nate Hatleback	So.	Northglenn, Colo./Thornton HS
Mark Husted	Jr.	Westminster, Colo./Northglenn HS
Ryan Inman	Sr.	Colorado Springs, Colo./Palmer HS
Vlade Kauffman	Sr.	Denver, Colo./Cherry Creek HS
Jason Lehman	Fr.	Colorado Springs, Colo./Pine Creek HS
Dan Liechty	Sr.	Winterset, Iowa/Winterset HS
Nick Maynard	Jr.	Wheat Ridge, Colo./Wheat Ridge HS
Robbie McGourty	So.	Denver, Colo.
Sean O'Brien	R-Fr.	Denver, Colo./Mullen HS
Tim Popp	Fr.	Gainesville, Fla./Buchholz HS
Jacob Richey	So.	Garland, Texas/Garland HS
Michael Rooney	Sr.	Arlington, Va./Gonzaga HS
Ian Storz	Sr.	Wheat Ridge, Colo./Wheat Ridge HS
David Stuart	So.	Manitou Spgs, Colo./Manitou Spgs HS
Aaron Swift	R-Fr.	Colorado Springs, Colo./Pine Creek HS
John Tallerday	Jr.	Lakewood, Colo./D'Evelyn HS
Jonathan Whitmore	Fr.	Albuquerque, N.M./Sandia Prep
Nick Zehring	So.	Mesa, Ariz./Mountian View HS
Ben Zywicki	R-Fr.	Colorado Springs, Colo./Rampart HS



MESA STATE COLLEGE

Mesa State College Quick Facts

Location: Grand Junction, Colorado
RMAC Member Since: 1975
Founded: 1925
Colors: Maroon & White
Nickname: Mavericks
Enrollment: 6,181
Athletic Phone: (970) 248-1503
Athletic Director: Jamie Hamilton
Sports Information Director: Tish Elliott
Head Coach: Katrice Thomas
Assistant Coaches: Kelly Zepp, Matt Canterbury, Kami Williams
Website: www.mesastate.edu/athletics/

Mesa State College Head Coach & Top Performers



Katrice Thomas
Head Coach



Stephanie Dumas
Senior



Ashlee Hafey
Junior

Mesa State College Women's Roster

<u>Name</u>	<u>Cl.</u>	<u>Hometown</u>
Andrea Ager	So.	Westminster, Colo.
Debarah Benson	So.	Orem, Utah
Jacie Birt	Fr.	Mesa, Ariz.
Monique Carrillo	Jr.	Thornton, Colo.
Natalie Corbet	Jr.	Boise, Idaho
Brandy Deimling	Fr.	Kiowa, Colo.
Stephanie Dumas	Sr.	Phoenix, Ariz.
Sabrina Estrada	Fr.	Littleton, Colo.
Ashlee Hafey	Jr.	Craig, Colo.
Brianna Hammer	Fr.	Lakewood, Colo.
Betsy Hancock	Fr.	Littleton, Colo.
Janelle Haskins	Sr.	Cedar City, Utah
Samantha Hentosh	Jr.	Estes Park, Colo.
Stephanie Litsheim	So.	Cedaredge, Colo.
Maggie Makowski	Jr.	Aurora, Colo.
Esmeralda Martinez	So.	Denver, Colo.
Danielle Rose	Fr.	Grand Junction, Colo.
Jessica Smith	Fr.	Sandy, Utah
Tasha Thompson	Fr.	Pittsburg, Calif.
Samantha Towne	Fr.	Denver, Colo.
Ashley Trombetta	So.	Grand Junction, Colo.
Tara Underwood	Jr.	Bennett, Colo.



METROPOLITAN STATE COLLEGE OF DENVER

Metropolitan State College of Denver Quick Facts

Location:	Denver, Colorado
RMAC Member Since:	1996
Founded:	1965
Colors:	Navy Blue & Red
Nickname:	Roadrunners
Enrollment:	21,109
Athletic Phone:	(303) 556-8300
Athletic Director:	Joan McDermott
Sports Information Director:	Michelle Zents
Head Coach:	Peter Julian
Assistant Coach:	Sean Nesbitt
Website:	gometrostate.com

Metropolitan State College of Denver Head Coach & Top Performers



Peter Julian
Head Coach



Jessica Jenkins
Sophomore



Anthony Luna
R-Sophomore

Metropolitan State College of Denver Women's Roster

Name	Cl.	Hometown/Previous School
Emmy Donahue	Fr.	Boulder, Colo./Western State
Krishanthi Fernando	Fr.	Colombo, Sri Lanka
Desarae Gleason	Sr.	Mesa, Ariz./College of the SW
Marjaneh Gross	Jr.	Denver, Colo./CSU-Pueblo
Shanise Hamilton	Fr.	Aurora, Colo./Rangeview HS
Sheila Hughes	So.	Aurora, Colo./Colorado
Jessica Jenkins	So.	Parker, Colo./Mountain Vista HS
E. Michael-Trumbull	So.	Colo. Springs, Colo./Pine Creek HS
Jasmine Neal	Fr.	Aurora, Colo./Central HS
Andrea Ordway	Fr.	High. Ranch, Colo./High. Ranch HS
Therese Panian	So.	Denver, Colo./Denver South HS
Chelsea Rutter	Jr.	Chelan, Wash./Spokane Falls CC
Taebrooke Rutter	Jr.	Chelan, Wash./Spokane Falls CC
Michelle Sausa	So.	Lyons, Colo./Lions HS

Metropolitan State College of Denver Men's Roster

Name	Cl.	Hometown/Previous School
Rick Bogatay	Jr.	Puyallup, Wash./Spokane Falls CC
Joe Burke	So.	Colo. Springs, Colo./Pikes Peak CC
Adam Garcia-Leon	Fr.	Wiggins, Colo./Wiggins HS
Kyle Hameister	Fr.	Niwot, Colo./Niwot HS
Chris LeBlanc	So.	Littleton, Colo./Columbine HS
Shawn Lindbom	Fr.	Wiggins, Colo./Wiggins HS
Anthony Luna	RSo.	Westminster, Colo./Ranum HS
Gabriel Luna	RSo.	Westminster, Colo./Ranum HS
Zach Mares	So.	Northglenn, Colo./Thornton HS
Jacob Schuman	So.	Denver, Colo./Ranum HS
Kyle Simcox	Fr.	Littleton, Colo./Dakota Ridge HS
Todd Tolentino	So.	Brush, Colo./Brush HS
Joel Vandenberg	Fr.	Golden, Colo./Ralston Valley HS



NEW MEXICO HIGHLANDS UNIVERSITY

New Mexico Highlands University Quick Facts

Location:	Las Vegas, New Mexico (16,000)
RMAC Member Since:	1968-69, 74-88, 90
Founded:	1893
Colors:	Purple and White
Nickname:	Cowboys & Cowgirls
Enrollment:	3,500
Athletic Phone:	(505) 454-3368
Athletic Director:	Ed Manzanares
Sports Information Director:	Gavino Archuleta
Head Coach:	Bob DeVries
Website:	www.nmhucowboys.com

New Mexico Highlands University Head Coach & Top Performers



Bob DeVries
Head Coach



Brienna Roper
Freshman



Erica Smythe
Sophomore

New Mexico Highlands Women's Roster

<u>Name</u>	<u>Cl.</u>	<u>Hometown/Previous School</u>
Melissa Abreu	Fr.	Las Vegas, N.M./Robertson HS
Gladys Bartuina	Fr.	Kapsabet, Kenya
Stormi Brewer	Fr.	Moriarty, N.M.
Bryanna Bustos	Fr.	McCurdy HS
Stephanie Butts	Sr.	Alamogordo, N.M./Alamogordo HS
Casey Carlisle	Sr.	Cimarron, N.M./Cimarron HS
Estelle Carter	Jr.	Belen, N.M.
Courtney Ferguson	Fr.	South HS
Sofia Herrera	Jr.	Las Vegas, N.M.
Joelene Hurtado	Sr.	Pojoaque, N.M.
Ana Juarez	Jr.	Los Angeles, Calif.
Amanda Martin	Fr.	Mentmore, N.M.
Sandra Martinez	Jr.	Los Angeles, Calif.
Kathryn Quintana	So.	Pojoaque, N.M.
Brianna Roper	Fr.	Las Vegas, N.M.
Seandee Roseby	So.	Portland, Oregon
Erica Smythe	So.	Estancia, N.M.
Brittney Sullivan	Fr.	Moriarty HS
Keitta Torres	So.	Belen, N.M.
Alona Watchman	Sr.	Farmington, N.M.



UNIV. OF COLORADO AT COLORADO SPRINGS

University of Colorado at Colorado Springs Quick Facts

Location:	Colorado Springs, Colorado
RMAC Member Since	1996
Founded:	1965
Colors:	Black & Gold
Nickname:	Mountain Lions
Enrollment:	9,000
Athletic Phone:	(719) 262-3601
Athletic Director:	Steve Kirkham
Sports Information Director:	Doug Fitzgerald
Head Coach:	Marck Misch
Assistant Coaches:	Kim Hageman, David Harmer
Website:	web.uccs.edu/athletic

University of Colorado at Colorado Springs Head Coach & Top Performers



Mark Misch
Head Coach



Shannon Payne
Junior



Jennifer Callan
Freshman



Blake Hansen
Junior



Alex Vazquez
Sophomore

University of Colorado at Colorado Springs Women's Roster

Name	Cl.	Hometown/Previous School
Kelsey Barry	So.	Colorado Springs, Colo./Mitchell HS
Leslie Bennett	Jr.	Albuquerque, N.M./Hope Christian HS
Jennifer Callan	Fr.	Fountain, Colo./Fountain-Fort Carson HS
Alicia Del Pardo	Fr.	Colorado Springs, Colo./Sierra HS
Tracy Falsetto	So.	Trinidad, Colo./Trinidad State JC
Kaitlin Frier	Fr.	Valley Springs, Calif./Lewis-Palmer HS
Paige Hall	Fr.	Potomac, Mont./Hellgate HS
Tavia Hammond	So.	Rocky Ford, Colo./Rocky Ford HS
Josi Heer	Fr.	Weare, N.H./John Stark HS
Jessica Hudson	Jr.	Fountain, Colo./Fountain-Fort Carson HS
Brittanea Kirby	Fr.	Manitou Springs, Colo./Manitou Springs HS
Kirstin Knobbe	Fr.	Lamar, Colo. Lamar HS/Melissa
McKinley	Fr.	Hermiston, Ore./Hermiston HS
Shannon Payne	Jr.	Franktown, Colo./Ponderosa HS
Vivian Reed	Fr.	Tuscon, Ariz./Cienega HS
Christy Severy	So.	Aspen, Colo./Aspen HS
Amanda Stoesz	Fr.	Berthoud, Colo./Berthoud HS

University of Colorado at Colorado Springs Men's Roster

Name	Cl.	Hometown/Previous School
Branson Bartlett	Fr.	Peyton, Colo./Peyton HS
Allen Browne	So.	Colorado Springs, Colo./Mitchell HS
Blake Hansen	Jr.	Denver, Colo./Northern Colorado
Almir Hodzic	So.	Aurora, Colo./Gateway HS
Joel Kienitz	So.	Rocky Ford, Colo./Rocky Ford HS
Carl Lum	So.	Colorado Springs, Colo./Rampart HS
Trevor Nau	Fr.	Colorado Springs, Colo./Coronado HS
Vy Nguyen	So.	Minnesota, Minn.
William Pendarvis	Fr.	Aurora, Colo./Gateway HS
Dan Pinter	Sr.	Saline, Mich./Saline HS
Chris Reynolds	Fr.	Evansville, Ind./E.J. Reitz HS
Carlos Ruibal	Jr.	Del Norte, Colo./Del Norte HS
Jason Shaver	Fr.	Colorado Springs, Colo./Coronado HS
Dustin Simeons	So.	Grand Junction, Colo./Fruita Monument HS
Gabe Small	Sr.	Lafayette, Colo./CU-Boulder
Alex Tiernan	Jr.	Carbondale, Colo./Roaring Fork HS
Alex Vazquez	So.	Aurora, Colo./Gateway HS
Preston Williams	So.	Colorado Springs, Colo./Rampart HS



UNIVERSITY OF NEBRASKA AT KEARNEY

University of Nebraska at Kearney Quick Facts

Location:	Kearney, Nebraska
RMAC Member Since:	1989-90, 94
Founded:	1905
Colors:	Royal Blue and Old Gold
Nickname:	Lopers
Enrollment:	6,500
Athletic Phone:	(308) 865-8330
Athletic Director:	Jon McBride
Sports Information Director:	Peter Yazvac
Head Coach:	Andy Meyer
Assistant Coaches:	Brady Bonsall, Katrina Kosmos, Mike Bailey
Website:	www.lopers.com

University of Nebraska at Kearney Head Coach & Top Performers



Andy Meyer
Head Coach



Darrell Branz
Senior



Michelle Dill
Senior



Kelli Dring
Senior



Ross Fellows
Senior

University of Nebraska at Kearney Women's Roster

Name	Cl.	Hometown
Elise Brauer	Fr.	Kearney, Neb.
Brittany Clark	Fr.	Las Vegas, Nev.
Julie Davis	Fr.	Palmer, Neb.
Jacquelyn Dibbern	Sr.	York, Neb.
Michelle Dill	Sr.	Imperial, Neb.
Kelli Dring	Jr.	Kearney, Neb.
Kristen Fitzgerald	Fr.	Grand Island, Neb.
Shayna Fruit	Sr.	Ogallala, Neb.
Jessie Golden	Fr.	Sidney, Neb.
Michelle Hermesch	Fr.	Plymouth, Neb.
Laura Housholder	Fr.	Scandia, Kan.
Emma Kelly	Fr.	Falls City, Neb.
Tara Klimek	Fr.	Grand Island, Neb.
Kaci Lickteig	Jr.	Dannebrog, Neb.
Faith Maschmann	Jr.	Deshler, Neb.
Jessica McCarter	Jr.	Overton, Neb.
Megan McClure	So.	Lincoln, Neb.
Anne McGovern	Sr.	Grand Island, Neb.
Kiley Peterson	So.	Gothenburg, Neb.
Kristen Poljansek	So.	Milton, Kan.
Abby Richter	Fr.	Wahoo, Neb.
Lacey Sechtem	Jr.	Osborne, Neb.
Cameron Smith	So.	Sterling, Colo.
Jenna Smith	So.	Woodland Park, Colo.
Alicia South	Jr.	Grand Island, Neb.
Megan Theesen	Fr.	Kearney, Neb.
Kathleen Tinkham	Fr.	Fort Calhoun, Neb.
Brittany Weinandt	Fr.	Wynot, Neb.
Heather Wills	Fr.	Curtis, Neb.

University of Nebraska at Kearney Men's Roster

Name	Cl.	Hometown
Darrel Branz	Sr.	York, Neb.
Andy Brown	Sr.	Alliance, Neb.
Chris Campbell	Jr.	Beatrice, Neb.
Jacob Davenport	Fr.	Sargent, Neb.
Caleb Dobish	Fr.	Kearney, Neb.
Ross Fellows	Sr.	Kearney, Neb.
Michael Fruhwirth	Fr.	Wray, Colo.
Tanner Fruit	Fr.	Ogallala, Neb.
Tyler Hanson	Jr.	Kearney, Neb.
Chris Hennessy	Sr.	North Platte, Neb.
Zach High	Fr.	Aurora, Neb.
Roni Hodges	Jr.	Cairo, Neb.
Josh Hofer	Sr.	North Platte, Neb.
Jarrold Holz	Sr.	Ashland, Neb.
Spencer Huff	Jr.	York, Neb.
Will Jackson	So.	St. Paul, Neb.
Josh Jones	So.	Wilcox, Neb.
Brandon Karlin	So.	Phillipsburg, Kan.
Tanner Kirchner	Jr.	Ogallala, Neb.
Travis Kirchner	Fr.	Ogallala, Neb.
Cody Klein	Fr.	Doniphan, Neb.
Brett Kluever	Sr.	Conrad, IA
Ryan Little	Jr.	Kearney, Neb.
Chris Miller	Jr.	Funk, Neb.
Blake Millsap	Fr.	Kearney, Neb.
Bryan Mizner	Fr.	Grand Island, Neb.
Rich Mourer	Jr.	Colo. Springs, Colo.
Thomas Neemann	So.	Syracuse, Neb.
Drew Onnen	Fr.	Fairbury, Neb.
Mark Porter	Jr.	Nelson, Neb.
Scott Pueppka	Fr.	North Platte, Neb.
Mitchell Sasek	Fr.	Wilber, Neb.
Andrew Smith	Sr.	Bartlett, Neb.
Trenton Talbitzer	So.	Kearney, Neb.
Takumi Tamura	Jr.	Saitama, Japan
Nick Theis	So.	Grand Island, Neb.
Brett Walton	So.	Superior, Neb.
Scott Wenzl	Fr.	Tecumseh, Neb.
Philip Wieck	Fr.	Grand Island, Neb.
Quinn Willet	So.	Malcolm, Neb.
Brandon Wissing	Fr.	Grand Island, Neb.
Jake Wissing	Fr.	Shelton, Neb.
Rhett Wurst	Sr.	Columbus, Neb.
Seth Yount	Jr.	Fremont, Neb.
Justin Zahller	Sr.	Yuma, Colo.



WESTERN STATE COLLEGE

Western State College Quick Facts

Location:	Gunnison, Colorado
RMAC Member Since:	1924
Founded:	1901
Colors:	Crimson and Slate
Nickname:	Mountaineers
Enrollment:	2,450
Athletic Phone:	(970) 943-2079
Athletic Director:	Greg Waggoner
Sports Information Director:	Bobby Heiken
Head Coach:	Ryan Baily
Assistant Coaches:	Jen Michel, Nikole Simmons, Chris Martinez, Oliver Bodor, Tim Parr, Michael Gusbeth, Tony Clawson, Matt Sparks
Website:	www.wscathletics.com

Western State College Head Coach & Top Performers



Ryan Baily
Head Coach



Eric Dunn
Senior



Casey Hagen
Sophomore



Scott Dahlberg
Senior



Ashley Stephens
Junior

Western State College Women's Roster

Name	Cl.	Hometown/Previous School
Stacey Aguayo	Jr.	Douglas, AZ/Douglas HS
Jessica Banes	Fr.	Shueyville, Iowa/Prairie HS
Molly Claus	Jr.	East Aurora, New York/East Aurora HS
Molly Collins	Fr.	Loveland, Colo./Loveland HS
Jordan Cooper	R-Fr.	Alamosa, Colo./Summit HS
Hillory Davis	Fr.	Colo. Springs, Colo./Air Academy HS
Jennifer Elam	So.	Aurora, Colo./Eaglecrest HS
Shannon Filar	Sr.	Westminster, Colo./Standley Lake HS
Berenice Gonzalez	So.	Denver, Colo./George Washington HS
Kristina Gould	Fr.	Longmont, Colo./Silver Creek HS
Jessica Hadford	Fr.	Rollinsville, Colo./Nederland HS
Casey Hagen	So.	Bailey, Colo./Platte Canyon HS
Jamilyn Harms	Fr.	Pagosa Springs, Colo./Pagosa Springs HS
Catherine Harper	Fr.	Fort Worth, Texas/Eastern Hills HS
Annika Haughwout	Fr.	Mendocino, Calif./Mendocino HS
Kaitlin Hesse	Fr.	Erie, Colo./Erie HS
Jenny Hill	Fr.	Dripping Spgs, Texas/Dripping Spgs HS
Jenny Hockman	Jr.	Colo. Springs, Colo./Palmer HS
Brittney Hoots	Fr.	Gunnison, Colo./Gunnison HS
Megan Johnson	Jr.	Lakewood, Colo./Green Mountain HS
Agnes Kroneraff	Sr.	Szekszard, Hungary/Gary Janos HS
Sarah Lyle	Fr.	Aurora, Colo./Smoky Hill HS
Denise Mattoon	Fr.	Littleton, Colo./Arapahoe HS
Domini Mayberry	So.	Phoenix, Ariz./Independence HS
Cassie Mielke	So.	Loveland, Colo./Thompson Valley HS
Katie Montgomery	So.	Lyons, Colo./Lyons HS
Chelsea Murray	So.	Highland, Mich./Milford HS
Sarah Newberry	Fr.	Manitou Springs, Colo./Manitou Springs
Halley Parks	So.	Paonia, Colo./Paonia HS
Julianne Payton	Fr.	Woodland Park, Colo./Woodland Park HS
Stephanie Petsch	So.	North Saint Paul, Minn./North HS
Airrie Robinson	So.	Sedalia, Colo./Douglas County HS
Sheila Salil	So.	Eldorat, Kenya/Kapkoiga Girls HS
Emily Schmidt	Fr.	Colo. Springs, Colo./Sand Creek HS
Ashley Stephens	Jr.	Colo. Springs, Colo./Sierra HS
Alexandra Tayrien	Jr.	Canandaigua, N.Y./Canandaigua HS
Lisa Thomas	Jr.	Thornton, Colo./Horizon HS
Morgan Thomas	So.	Phoenix, Ariz./Kingman HS
Desiree Vaarela	Fr.	Cimarron, N.M./Cimarron HS
Sylvia Violet	Fr.	Powell, Wyo./Powell HS

Western State College Men's Roster

Name	Cl.	Hometown/Previous School
Loren Ahonen	R-Fr.	Temperance, Michigan/Bedford HS
Bobby Aragon	Fr.	Pueblo, Colo./Pueblo Central HS
Kris Berry	So.	Edinburgh, Scotland/Craigmount HS
Jason Brenton	So.	Rangely, Colo./Rangely HS
Sean Brown	R-Fr.	Birmingham, Alabama/Spain Park HS
Jeremy Bubb	Jr.	Longmont, Colo./Silver Creek HS
Trevor Burden	Fr.	Cheyenne, Wyo./East HS
Christopher Burriss	Fr.	Colo. Springs, Colo./Harrison HS
Juan Chavira	So.	Fort Morgan, Colo./Fort Morgan HS
Jesse Chettle	Sr.	Parkville, Missouri/Park Hill South HS
Aaron Clark	Jr.	Broomfield, Colo./Broomfield HS
Andy Crook	Fr.	Mancos, Colo./Mancos HS
Scott Dahlberg	Sr.	Peyton, Colo./Peyton HS
Patrick De Lisle	R-Fr.	Greeley, Colo./Greeley West HS
Ben DeWitt	Jr.	Ventura, California/Buena HS
Mitch Diede	Jr.	Greeley, Colo./Greeley West HS
Iain Donnan	So.	Aberdeen, Scotland/Hazlehead Academy HS
Nathan Dorzweiler	Fr.	Longmont, Colo./Niwot HS
Eric Dunn	Sr.	Durango, Colo./Durango HS
Brian Ehmke	Fr.	Dolores, Colo./Dolores HS
Weston Eriksen	Fr.	Castle Rock, Colo./Douglas County HS
Jeremiah Giambartolomei	Jr.	Evergreen, Colo./Evergreen HS
Austin Gollobith	So.	Walden, Colo./North Park HS
Jason Graham	Jr.	Thornton, Colo./Thornton HS
Matt Hill	Fr.	Steamboat Springs, Colo./Steamboat Springs HS
Garrett Holland	Jr.	Ralston Valley, Colo./Ralston Valley HS
Rich Kettles	Jr.	Lansing, Michigan/Grand Ledge HS
Shawn Marshall	So.	Arvada, Colo./Arvada West HS
Andrew Mauk	So.	Fort Collins, Colo./Fort Collins HS
Kyle Maurer	Sr.	Grand Junction, Colo./Palisade HS
Zack Minard	Fr.	Estes Park, Colo./Estes Park HS
Devin Myers	Fr.	Pueblo, Colo./Pueblo County HS
Chris Nash	Sr.	Grand Junction, Colo./Fruita HS
Tyler Pannel	R-Fr.	Golden, Colo./Golden HS
Kerry Piccola	Fr.	Dallas, Texas/The Shelton School
Travis Rasmussen	R-Fr.	Sterling, Colo./Sterling HS
Tyler Rasmussen	R-Fr.	Sterling, Colo./Sterling HS
Antonio Ricciardi	Jr.	Peyton, Colo./Peyton HS
Dustin Rommel	Jr.	Parker, Colo./Chaparral HS
Cody Sanders	So.	Yukon, Okla./Silver Creek HS
Jeremy Scott	R-Fr.	Omaha, Neb./Cherokee Trail HS
Chris Smith	Fr.	Littleton, Colo./Heritage HS
Mike Sobbecki	Fr.	Indianapolis, Indiana/Roncalli HS
Jon Spruill	Fr.	Olathe, Colo./Olathe HS
Jerrett Swarr	So.	Brighton, Colo./Brighton HS
Matthew Swift-Kraemer	Fr.	Phoenix, Ariz./Desert Vista HS
Ablazah Swofford	Sr.	Castle Rock, Colo./Douglas County HS
Chancy Wahinya	Fr.	Castle Rock, Colo./Douglas County HS
Jered Waits	Fr.	Fort Worth, Texas/Castleberry HS
Daniel Wallis	Fr.	Wellington, N.Z./Napier Boys HS
Ryan Walstrom	Fr.	LaSalle, Colo./Valley HS
Ryan Wilbur	Jr.	Columbus, Ohio/Centennial HS



RMAC OUTDOOR TRACK & FIELD RECORDS

WOMEN'S RMAC CHAMPIONSHIP MEET RECORDS

Event	Name, School, Year	Mark
100	Deborah Bome, Adams State, 2002	11.85
200	Sabrina Jensen, Fort Hays State, 2003	23.97
400	Lita Holland, Adams State, 1998	55.35
800	Elva Martinez-Dryer, Western State, 1996	2:09.41
1500	Elva Martinez-Dryer, Western State, 1996	4:21.41
3000	Zoila Gomez, Adams State, 2004	9:44.34
5000	Kim Bosen, Adams State, 1999	17:03.86
10000	Jodi Day, Western State, 2001	35:59.10
100 Hurdles	TiaNecia Mosley, Adams State, 2006	13.56
400 Hurdles	Megan McClain, Fort Hays State, 2006	1:02.11
	Perisha Hinton, Chadron State, 2007	1:02.0h
3000 Steeplechase	Jen Michel, Western State, 2001	10:34.10
4x100 Relay	Fehrenbach, Butler, Jensen, Kuhn, Fort Hays State, 2002	45.96
4x400 Relay	Middlemist, Strohman, Sparks, Jackson, Adams State, 1996	3:50.50
High Jump	LeeAnn Jackson, Adams State, 1983	5-11.00 (1.80m)
Pole Vault	Cali Cordes, Nebraska-Kearney, 2004	11-08.00 (3.56m)
Long Jump	Lori Risenhoover, Adams State, 1982	20-02.00 (6.15m)
Triple Jump	TiaNecia Mosley, Adams State, 2006	41-04.25 (12.60m)
Discus	Ashley Stephens, Western State, 2007	163-05 (49.82m)
Hammer	Janet Boettcher, Nebraska-Kearney, 2000	194-00 (59.14m)
Javelin	Regina Taylor, Fort Hays State, 1999	154-06 (47.10m)
Shot Put	Jacqueline Wells, Chadron State, 2005	52-01.00 (15.87m)
Heptathlon	TiaNecia Mosley, Adams State, 2006	5019



MEN'S RMAC CHAMPIONSHIP MEET RECORDS

Event	Name, School, Year	Mark
100	Mike Appelhans, Fort Hays State, 2003	10.26
200	Travis McKinley, Adams State, 1986	20.7h
	Mike Appelhans, Fort Hays State, 2002	20.90
400	Joel Duffield, Chadron State, 2006	45.92
800	Nick Lara, Adams State, 2006	1:50.69
1500	Chris Hollmann, Adams State, 1999	3:50.15
5000	Brandon Leslie, Adams State, 2001	14:32.41
10000	Jason Hubbard, Adams State, 2001	30:27.08
110 Hurdles	Ricardo Moody, Adams State, 2003	14.07
400 Hurdles	Chris Moulinet, Adams State	51.1h
3000 Steeplechase	Ivan Ivanov, Nebraska-Kearney, 1996	8:59.03
4x100 Relay	Esslinger, Wurtz, Moore, Appelhans, Fort Hays State, 2002	40.08
4x400 Relay	Streeter, Lara, Moulinet, Streeter, Adams State, 2006	3:10.1h
High Jump	Matt Bixenman, Fort Hays State, 2003	7-01.25 (2.16m)
Pole Vault	Sheldon Funk, Fort Hays State, 2005	16-05.25 (5.01m)
Long Jump	Adrian Sampson, Southern Utah, 1983	25-03.00 (7.70m)
Triple Jump	Curt Christiansen, Adams State, 1987	51-01.00 (15.57m)
Discus	Jake Evig, Adams State, 2004	182-00 (55.47m)
Hammer	Michael Gusbeth, Western State, 2007	201-00 (61-28m)
Javelin	Zach Kindler, Fort Hays State, 2001	222-02 (67.72m)
Shot Put	Nate Wheat, Nebraska-Kearney, 2004	58-06.00 (17.83m)
	Dane Tobey, Nebraska-Kearney, 2007	17.85 58-6 3/4
Decathlon	Wayne Durham, Adams State, 2007	6939

h - denotes manual/hand time

Note: Known marks set with wind-readings of more than +2.0 meters per second have been disallowed.

RMAC CHAMPIONSHIP HISTORY WOMEN'S COMPETITION

Year	Champion	Pts.
2007	Adams State	250
2006	Adams State	239
2005	Adams State	263
2004	Adams State	257
2003	Nebraska-Kearney	228.5
2002	Nebraska-Kearney	158
2001	Fort Hays State	188
2000	Adams State	173
1999	Adams State	186
1998	Western State	168.5
1997	Adams State	199
1996	Adams State	200
1995	Adams State	222
1994	Western State	117
1993	Western State	131
1992	Western State	122
1991	Adams State	114
1990	Western State	194
1989	Western State	136
1988	Western State	123
1987	Western State	98.5
1986	Western State	90
1985	Adams State	189
1984	Adams State	210
1983	Adams State	248
1982	Adams State	119
1981	Adams State	92

RMAC CHAMPIONSHIP HISTORY MEN'S COMPETITION

Year	Champion	Pts.
2007	Adams State	279.5
2006	Fort Hays State	200
2005	Adams State	250
2004	Fort Hays State	197
2003	Fort Hays State	226.5
2002	Fort Hays State	204
2001	Fort Hays State	190.5
2000	Fort Hays State	183
1999	Western State	164
1998	Western State	149
1997	Adams State	216
1996	Western State	174
1995	Adams State	172
1994	Adams State	149.5
1993	Adams State	146
1992	Adams State	110.5
1991	Adams State	118
1990	Adams State	155.5
1989	Western State	112
1988	Western State	76
1987	Adams State	67
1986	Adams State	109
1985	Adams State	94
1984	Western State	81.5
1983	Southern Colorado	87
1982	Western State	158
1981	Adams State	202
1980	Adams State	200
1979	Southern Colorado	185
1978	Cancelled (snow)	
1977	Adams State	165
1976	Adams State	225
1975	Adams State	183
1974	Adams State	181
1973	Adams State	200
1970	Emporia State	142
1969	Fort Hays State	159.5
1968	Adams State	
1964	Adams State	92
1959	Idaho State	80.7
1956	Idaho State	89.75
1955	Idaho State	

No results available for 1971-72, 1965-66, 1960-63, 1957-58

2007 ALL-RMAC WOMEN'S OUTDOOR T&F TEAMS

FIRST TEAM

100 METER DASH

Casey Hagen, Western State
Sherline Duncan, Adams State
Sheila Hughes, Metro State

200 METER DASH

Sherline Duncan, Adams State
Drew Houston, Adams State
Sheila Hughes, Metro State

400 METER DASH

Rebekah White, Adams State
Erica Meyer, Western State
Ashlee Hafey, Mesa State

800 METER RUN

Sofia Monroe, Adams State
Tanya Gaurmer, Adams State
Janette McCarroll, Adams State

1500 METER RUN

Tanya Gaurmer, Adams State
Stacy Girard, Chadron State
Megan Johnson, Western State

3000 METER RUN

Brittany Somers, Adams State
Shannon Payne, UC-Colo. Spgs.
Lavenna Mullenbach, Adams State

5000 METER RUN

Shannon Payne, UC-Colo. Spgs.
Heather Wood, Adams State
Anne Ronoh, Western State

10000 METER RUN

Ashley Quintana, Adams State
Shannon Filar, Western State
Natalie Provost, Western State

100 METER HURDLES

Lisa Holeman, Western State
Kaity Edmiston, Colorado Mines
Darcy Jennings, Adams State

400 METER HURDLES

Perisha Hinton, Chadron State
Darcy Jennings, Adams State
Lisa Holeman, Western State

3000 METER STEEPLECHASE

Brittany Somers, Adams State
Lisa Thomas, Western State
Sheila Salil, Western State

4x100 METER RELAY

Western State (Casey Hagen, Erica Meyer, Jennifer Elam, Jourdan Otis)

4x400 METER RELAY

Adams State (Darcy Jennings, Drew Houston, Rebekah White, Sherline Duncan)

HIGH JUMP

TiaNecia Mosley, Adams State
Patrice Henson, Chadron State
Staci Alberts, Chadron State

POLE VAULT

Airrie Robinson, Western State
Mellisa Rhodes, Colorado Mines
Casey Hagen, Western State

LONG JUMP

Kelli Dring, Nebraska-Kearney
Emily Volkmer, Chadron State
Amanda Gylling, Adams State

TRIPLE JUMP

Emily Volkmer, Chadron State
Gina Nichols, Colorado Mines
Kelsey Eitel, Chadron State

DISCUS THROW

Ashley Stephens, Western State
Savannah Afoa, Colorado Mines
Michelle Nelson, Adams State

HAMMER THROW

Ashley Stephens, Western State
Jessica Horsley, Chadron State
Jen Hudson, Chadron State

JAVELIN THROW

Amanda Owens, Chadron State
Renee Harris, Adams State
Jessica Adams, Adams State

SHOT PUT

Samantha Murphy, Nebraska-Kearney
Michelle Nelson, Adams State
Mary Wells, Chadron State

HEPTATHLON

Lisa Holeman, Western State
Amanda Gylling, Adams State
Amanda Owens, Chadron State

SECOND TEAM

100 METER DASH

Drew Houston, Adams State
Jourdan Otis, Western State
Barbara Goe, Chadron State

200 METER DASH

Barbara Goe, Chadron State
Casey Hagen, Western State
Erica Meyer, Western State

400 METER DASH

Jessica Adams, Adams State
Kelsey Barry, UC-Colo. Spgs.
Laurie Eklund, Chadron State

800 METER RUN

Laura Knapp, Adams State
Michelle Dill, Nebraska-Kearney
Heather Beresford, Colorado Mines

1500 METER RUN

Jenna Dorsey-Spitz, Cu-Colo. Spgs.
Natalie Mesce, Western State
Deserae Gleason, Metro State

3000 METER RUN

Elsa Goshu, Western State
Anne Ronoh, Western State
Lisa Thomas, Western State

5000 METER RUN

Natalie Provost, Western State
Lisa Thomas, Western State
Elsa Goshu, Western State

10000 METER RUN

Kaci Lickteig, Nebraska-Kearney
Jenny Hockman, Western State
Alexandra Tayrien, Western State

100 METER HURDLES

Emily Volkmer, Chadron State
Amanda Owens, Chadron State
Chelsea Murray, Western State

400 METER HURDLES

Natalie Corbet, Mesa State
Kaity Edmiston, Colorado Mines
Domini Mayberry, Western State

3000 METER STEEPLECHASE

Megan Johnson, Western State
Jenna Dorsey-Spitz, Cu-Colo. Spgs.
Loice Kimutai, Adams State

4x100 METER RELAY

Adams State (Amanda Gylling, Rebekah White, Sherline Duncan, Drew Houston)

4x400 METER RELAY

Chadron State (Whitney Holloway, Sara Pilakowski, Laurie Eklund, Perisha Hinton)

HIGH JUMP

Amanda Owens, Chadron State
Lisa Holeman, Western State
Misty Rystrom, Chadron State

POLE VAULT

Megan Harrell, Chadron State
Kelli Payne, Chadron State
Katie Schaneman, Nebraska-Kearney

LONG JUMP

Kelsey Eitel, Chadron State
Amanda Owens, Chadron State
Renee Harris, Adams State

TRIPLE JUMP

Amanda Owens, Chadron State
Kelli Dring, Nebraska-Kearney
Drew Houston, Adams State

DISCUS THROW

Mary Wells, Chadron State
Samantha Murphy, Nebraska-Kearney
Jen Hudson, Chadron State

HAMMER THROW

Michelle Nelson, Adams State
Samantha Murphy, Nebraska-Kearney
Nicole Frederickson, Nebraska-Kearney

JAVELIN THROW

Ashley Johnson, Chadron State
Erica Smythe, N.M. Highlands
Amanda Gylling, Adams State

SHOT PUT

Ashley Stephens, Western State
Renee Harris, Adams State
Kate Jungck, Chadron State

HEPTATHLON

Renee Harris, Adams State
Chelsea Murray, Western State
Georgi Brown, N.M. Highlands

2007 ALL-RMAC MEN'S OUTDOOR T&F TEAMS

FIRST TEAM

100 METER DASH

Corey Lenaris, Adams State
Mike Smith, Chadron State
Taurean Jones, Adams State

200 METER DASH

Mike Smith, Chadron State
Corey Lenaris, Adams State
Josh Hofer, Nebraska-Kearney

400 METER DASH

Larry Bennett, Chadron State
Josh Hofer, Nebraska-Kearney
Stevan Lara, Adams State

800 METER RUN

Nick Maynard, Colorado Mines
Aucencio Martinez, Adams State
Gabe Luna, Metro State

1500 METER RUN

Aucencio Martinez, Adams State
Aaron Braun, Adams State
Oliver Bodor, Western State

5000 METER RUN

Kim Hogarth, Western State
Jesus Solis, Adams State
Joel Hamilton, Colorado Mines

10000 METER RUN

Brice Young, Metro State
Ryan Wilbur, Western State
John Tallerday, Colorado Mines

110 METER HURDLES

Josh Streeter, Adams State
Darrel Branz, Nebraska-Kearney
Ian Storz, Colorado Mines

400 METER HURDLES

Chris Moulinet, Adams State
Josh Streeter, Adams State
Jeremy Wells, Colorado Mines

3000 METER STEEPLECHASE

Kim Hogarth, Western State
Scott Dahlberg, Western State
Eiger Erickson, Metro State

4x100 METER RELAY

Adams State (James Douglas, Taurean Jones, James Hajek, Corey Lenaris)

4x400 METER RELAY

Adams State (Jake Streeter, Stevan Lara, Chris Moulinet, Josh Streeter)

HIGH JUMP

Jack Sides, Chadron State
Alex Lockhart, Colorado Mines
Riley Northup, Chadron State

POLE VAULT

Matt Felton, Adams State
Dakota Cochrane, Nebraska-Kearney
Michael Mays, Adams State

LONG JUMP

Josh Gibson, Adams State
James Douglas, Adams State
Spencer Huff, Nebraska-Kearney

TRIPLE JUMP

Ross Fellows, Nebraska-Kearney
Roy Collins, Adams State
James Douglas, Adams State

DISCUS THROW

Dane Tobey, Nebraska-Kearney
Sam Barajas, Adams State
Lance Pfeiffer, Nebraska-Kearney

HAMMER THROW

Michael Gusbeth, Western State
Matt Gersick, Adams State
Carson Watt, Nebraska-Kearney

JAVELIN THROW

Brandon Karlin, Nebraska-Kearney
Michael Broadnax, Western State
Wayne Durham, Adams State

SHOT PUT

Dane Tobey, Nebraska-Kearney
Lance Pfeiffer, Nebraska-Kearney
Matt Gersick, Adams State

DECATHLON

Wayne Durham, Adams State
Dusty Fairchild, Adams State
Eric Dunn, Western State

SECOND TEAM

100 METER DASH

Isaiah Smart, Colorado Mines
James Douglas, Adams State
Andrew Marquez, Adams State

200 METER DASH

James Hajek, Adams State
Taurean Jones, Adams State
Larry Bennett, Chadron State

400 METER DASH

Jacob Gruver, Chadron State
Chris Fitzpatrick, Colorado Mines
Jarrett Swarr, Western State

800 METER RUN

Zac Metz, Chadron State
Mark Husted, Colorado Mines
Adam Glenn, Adams State

1500 METER RUN

Kris Berry, Western State
Scott Dahlberg, Western State
Derek Yorek, Adams State

5000 METER RUN

Aaron Clark, Western State
Zach Cordel, Western State
John Butkey, Western State

10000 METER RUN

Antonio Lopez, Adams State
John Butkey, Western State
Zach Cordel, Western State

110 METER HURDLES

Michael Broadnax, Western State
Michael Mays, Adams State
Jake Brummer, Chadron State

400 METER HURDLES

Jake Streeter, Adams State
Adam Wasson, Adams State
Darrel Branz, Nebraska-Kearney

3000 METER STEEPLECHASE

Sean Cusick, Colorado Mines
Aaron Clark, Western State
Jake Raines, Adams State

4x100 METER RELAY

Chadron State (Jacob Gruver, John Ritzen, Larry Bennett, Mike Smith)

4x400 METER RELAY

Colorado Mines (Chris Fitzpatrick, Nick Maynard, Mark Husted, Brian Christie)

HIGH JUMP

Storm Allen, Cu-Colo. Spgs.
Shawn Marshall, Western State
Heath Berggren, Adams State

POLE VAULT

Eric Mattison, Western State
Chase Rasby, Chadron State
Andy Brown, Nebraska-Kearney

LONG JUMP

Ian Storz, Colorado Mines
Ross Fellows, Nebraska-Kearney
Seth Yount, Nebraska-Kearney

TRIPLE JUMP

Seth Yount, Nebraska-Kearney
John Ritzen, Chadron State
Kyle Maurer, Western State

DISCUS THROW

Michael Gusbeth, Western State
Mike Aimone, Chadron State
Thomas Wells, Chadron State

HAMMER THROW

Daniel Maldonado, Adams State
Ryan Gibbons, Colorado Mines
John Ybarra, Adams State

JAVELIN THROW

Andrew Smith, Nebraska-Kearney
Michael Mays, Adams State
Scott Wewel, Chadron State

SHOT PUT

John Ybarra, Adams State
Michael Strong, Nebraska-Kearney
Mike Aimone, Chadron State

DECATHLON

Andrew Smith, Nebraska-Kearney
Cody Sanders, Western State
Austin Gollobith, Western State

2007 RMAC Outdoor T&F Award Winners

WOMEN'S RMAC ATHLETE OF THE MEET

Amanda Owens, Chadron State

MEN'S RMAC ATHLETE OF THE MEET

Dane Tobey, Nebraska-Kearney

WOMEN'S RMAC TRACK REGIONAL ATHLETE OF THE YEAR

Brittany Somers, Adams State

MEN'S RMAC TRACK REGIONAL ATHLETE OF THE YEAR

Kim Hogarth, Western State

WOMEN'S RMAC FIELD REGIONAL ATHLETE OF THE YEAR

Ashley Stephens, Western State

MEN'S RMAC FIELD REGIONAL ATHLETE OF THE YEAR

Dan Tobey, Nebraska-Kearney

WOMEN'S RMAC FRESHMAN OF THE YEAR

Renee Harris, Adams State

MEN'S RMAC FRESHMAN OF THE YEAR

James Douglas, Admas State

WOMEN'S RMAC COACH OF THE YEAR

Damon Marton, Adams State

Ryan Baily, Western State

MEN'S RMAC COACH OF THE YEAR

Damon Martin, Adams State

Ryan Baily, Western State

Women's Final RMAC Team Rankings

1) Adams State	250
2) Western State	219.50
3) Chadron State	180.50
4) Nebraska-Kearney	59
5) Colorado Mines	47
6) UC-Colorado Springs	38
7) Mesa State	26
8) N.M. Highlands	17
9) Metro State	17

Men's Final RMAC Team Rankings

1) Adams State	279.50
2) Western State	157
3) Nebraska-Kearney	149.50
4) Chadron State	100
5) Colorado Mines	88
6) Metro State	25
7) UC-Colorado Springs	8

2007 NCAA Outdoor Track & Field Final Women's Team Results

9) Adams State	27
22) Chadron State	11
24) Western State	10
46) Nebraska-Kearney	4
54) UC-Colorado Springs	2

2007 NCAA Outdoor Track & Field Final Men's Team Results

5) Adams State	40.50
8) Western State	25
12) Nebraska-Kearney	19
25) Colorado Mines	9
52) Metro State	1

2007 Post-Season Honors

Division II Women's Coach of the Year

Damon Martin, Adams State

2007 Post-Season Honors

North Central Region Men's Track Athlete of the Year

Kim Hogarth, Western State

North Central Region Women's Coach of the Year

Damon Martin, Adams State



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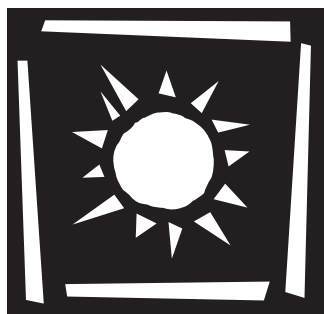
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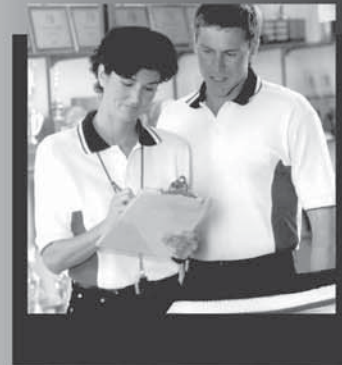


Colorado State Fair



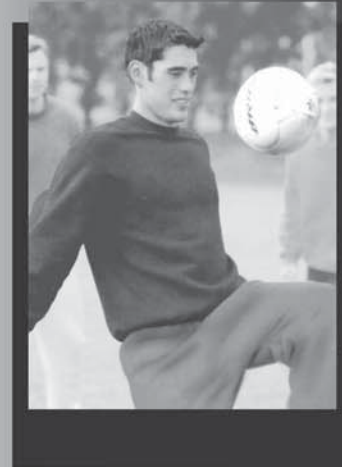
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2007 -08 RMAC Championship Schedule



RMAC CROSS COUNTRY CHAMPIONSHIPS (MEN & WOMEN)
Durango, Colo. / Hillcrest Golf Course
Host: Fort Lewis College

OCT. 20, 2007



RMAC MEN'S SOCCER TOURNAMENT
2007 RMAC Regular Season Champion
Host: Highest Seed

NOV. 2 & 4, 2007



RMAC WOMEN'S SOCCER TOURNAMENT
2007 RMAC Regular Season Champion
Oct. 31 - Hosts: #3 Seed and #4 Seed
Nov. 2 & Nov. 4 - Host: #1 Seed

OCT. 31, NOV. 2, NOV. 4, 2007



RMAC VOLLEYBALL TOURNAMENT
2007 RMAC Regular Season Champion
Host: Highest Seed

NOV. 9-11, 2007



DIXIE ROTARY BOWL (FOOTBALL)
St. George, Utah
Host: Dixie State College

DEC. 1, 2007



RMAC INDOOR TRACK & FIELD CHAMPIONSHIPS (MEN & WOMEN)
Kearney, Neb.
Host: University of Nebraska at Kearney

FEB. 29 - MARCH 1, 2008



RMAC WRESTLING CHAMPIONSHIP (NCAA WEST REGIONAL)
Las Vegas, N.M.
Host: New Mexico Highlands University

MARCH 1, 2008



RMAC BASKETBALL TOURNAMENT - RMAC SHOOTOUT
Feb. 29 or March 1, 2008 (First Rounds)
Host: Top 4 Seeds
March 7-8, 2008 (Semifinals & Championships)
Pueblo, Colo. / State Fair Events Center

FEB. 29 OR MARCH 1, MARCH, 7-8, 2008



RMAC MEN'S GOLF CHAMPIONSHIP
Site: TBD
Host: Fort Lewis College

APRIL 14-15, 2008



RMAC WOMEN'S GOLF CHAMPIONSHIP
Silver City, N.M. / Silver City Golf Course
Host: Western New Mexico University

APRIL 19-20, 2008



RMAC TENNIS CHAMPIONSHIPS (MEN & WOMEN)
Kearney, Neb.
Host: University of Nebraska at Kearney

APRIL 25-26, 2008



RMAC OUTDOOR TRACK & FIELD CHAMPIONSHIPS (MEN & WOMEN)
Gunnison, Colo.
Host: Western State College

MAY 4-6, 2008



RMAC SOFTBALL TOURNAMENT
2008 RMAC Regular Season Champion
Host: Highest Seed

MAY 1-3, 2008



RMAC BASEBALL TOURNAMENT
2008 RMAC Regular Season Champion
Host: Highest Seed

MAY 7-10, 2008

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